

















Welcome to the Tenth edition of the County Durham Safeguarding Adults Partnership Board's Newsletter.

The local safeguarding adults board is a multi-agency statutory partnership with responsibility for monitoring the effectiveness of the arrangements to safeguard adults at risk of abuse. Click on our logo above for more info.

Look after your mental health and emotional wellbeing

As many will be aware, mental health is an emerging Covid-19 related issue. Emotional Wellbeing Resources have been collated into "rainbow resources" to support access to services and provision:

County Durham Families Information Service

Right support, right care, right culture



The Care Quality Commission has updated its guidance on the regulation of services for autistic people and people with a learning disability.

Right support, **right care**, **right culture** outlines what health and social care providers are expected to consider and now has a stronger focus on outcomes and people's quality of life.

"Autistic people and people with a learning disability are as entitled to live an ordinary life as any other citizen. We expect health and social care providers to guarantee autistic people and people with a learning disability the choices, dignity, independence and good access to local communities that most people take for granted".



Visit CQC to view article on Services for Autistic People and People with a Learning Disability

Mental Capacity Act and Safeguarding Adults training

The SAB online multi agency training was launched in Safeguarding Week with the initial offer, Mental Capacity Act and Safeguarding Adults training starting from December. Further detail and booking information is on the SAB website

View dates for the Mental Capacity Act Online course

Watch out - Scam text about Covid-19 vaccine



A dangerous fake NHS text has been circulating, telling people they're eligible to apply for the Covid-19 vaccine. Here's what it looks like.

Do NOT click on links in unknown texts – always check it first

This link takes you through to an extremely convincing fake NHS website that asks for your

personal and financial

details.



NEVER give out your personal details



Protect others by reporting incidents like this. If you, or anyone you know, have been affected by this fraud or any other scam, report it to Action Fraud by calling 0300 123 2040 or visiting www.actionfraud.police.uk

ActionFraud National Fraud & Cyber Crime Reporting Centre 0300 123 2040

Care QualityCommission

Out of sight – who cares? Restraint, segregation and seclusion review

"Our report tells the **sometimes-horrific experiences of some people's care**, and instances where people's human rights have been at risk but it also tells the story of what's possible if the right support is in place for people".

Trigger warning: In this report there is content and descriptions of people's lives and experiences, which some people may find distressing.



This CQC report looks at the use of restraint, seclusion and segregation in care services for children and adults with a mental health condition, a learning disability or autistic people. While the CQC found good practice, they also found very poor practice and human rights abuse risks.

"We're stating that human rights must be embedded in the commissioning and delivery of care. This is especially the case for children and adults with a learning disability, autistic people and people with a mental health condition".

"We found that the 66 people we met who were in segregation had been let down by the health and care system. Creating a package of care to meet their individual needs was often seen as too difficult to get right and they had fallen through the gaps."

- View Report
- View Easy read version
- View Blog
- **View Film**

WE ARE HUMAN TOO

A video produced by Digital Voice in partnership with self-advocates from Skills for People, Your Voice Counts and Sunderland People First. In the video, self-advocates share their concerns about the treatment of people with learning disabilities and autistic people in institutions away from their family, friends and communities of choice.



We Are Human Too - YouTube

Regional Outreach North East

At DBS, we are transforming the way we work with our partners and are excited to announce development of the Regional Safeguarding Outreach team, to focus on working collaboratively with safeguarding and recruiting organisations. The aim is to work closer with organisations in the region to develop our relationships and raise awareness of DBS as a safeguarding organisation.



Sue Davison has been appointed as the Safeguarding Outreach Officer for the North East region. Sue has been working within the DBS since January 2017, previously as part of Barring Operations.

Sue's role is to raise the DBS profile and develop strong working relationships with our partners. She will provide a single point of contact, developing important relationships with key partners, and organisations. This will also allow DBS to support partners' safeguarding needs regarding what we do, and how we can work together to make recruitment safer.

Sue is available to develop and deliver any sessions or services you are interested in to support you and your colleagues in safeguarding and safer recruitment. She would be happy to discuss further with you any issues or barriers you may have come across or provide any DBS information sessions you feel would be beneficial.

Sue can work with you and your organisation in several ways, including:

- Any phone calls or emails to clarify any DBS related queries/questions or advice
- Attending meetings, training, conferences or visiting your organisation to have a face to face discussion (obviously Sue will be able to advise on alternatives bearing in mind up to date social restrictions)
- Developing and delivering presentations, workshops, webinars or discussions to provide an overview of the DBS
- If you require a presentation or information session on a specific topic, Sue can also arrange for a subject matter expert to attend to provide a detailed overview on this topic
- Taking any feedback, suggestions or comments from your experience of the DBS and feed this back into the business
- Informing organisations and employers of their duty or power to refer individuals who may pose a future risk of harm within regulated activity. Including an overview of:
 - how to make barring referrals
 - when should a referral be made; and
 - how DBS assess whether a referred person should be included on the Children's and/or Adults' Barred List.

If you have any questions regarding the Disclosure and Barring Service or would like Sue to provide any further information to you and your colleagues, please contact her directly using the contact details below.



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